

# Mount Aloysius College

## Health Information and Health Resources



Health Services Offices  
Rooms 100-102  
St. Joseph's Hall, Main Building  
7373 Admiral Peary Hwy  
Cresson, PA 16630  
(814) 886-6515 or (814) 886-6391  
Fax (814) 886-2978

## **Health Care Information**

Health Services Department operates under the direction of a registered nurse, Shannon Grove, RN, BSN, with the cooperation of a consultant physician, Dr. Patrick Lenz, MD from Mainline Medical, Cresson, Pa 16630. The office of Health Services is located in Saint Joseph Hall, rooms 100-102 in the Main Building. The office is open Monday-Friday, 8:30 AM-5:00 PM. For emergencies after hours students need to call security at 886-6327. Health Services offers ill students non-prescription drug dispensing, mono-testing, strep A testing (strep throat), pregnancy testing, and urinalysis. We also give all immunizations for a fee.

Dr. Patrick Lenz will be in Health Services on Tuesday's and Thursday to see ill students. This service is free of charge. His hours are Tuesday, 12:30-2:30 and Thursday, 4:30-5:30. (Hours are subjected to change if the Physician is called to an emergency/work in his private practice. A notice will be sent by email to all students if there is a change in hours.) If a student wants to be seen by the physician they can call to schedule an appointment or go to Health Services during doctor's hours. Students are seen on a first come, first serve basis.

Students can be seen in the counseling center on campus. Our counseling center is located in the Health Services office, Main Building, St. Joseph Hall, room 100. Marisa Evans, MA, LPC, NCC counselor will counsel students by appointment. Please call 814-886-6515.

### **Emergency illnesses**

Any student that is acutely ill and needs to be seen in the emergency room will be transported by ambulance to Altoona Regional Health System, Altoona, PA or Conemaugh Health System, Johnstown, PA. Students can subscribe to the Cresson Area Ambulance Association for \$40.00 per year, which entitles them to unlimited emergency transports. If a student is transported by ambulance, and does not have a subscription, they are responsible for payment of the ambulance service. The average ambulance charge to a local hospital is over \$800.00. The student's emergency contact will be notified when a student requires an emergency transport. The emergency contact/student will be responsible to arrange for transportation back to campus upon discharge.

If a student is ill and needs to be seen by a physician for a non-emergent visit, when the college physician is not on campus, they can choose the following options listed below for treatment. Students must find their own transportation for non-emergent doctor's appointments off campus. Students can contact MED-VAN Transport 24-48 hours in advance for transportation. There is a fee for this service. Students need to ask for pricing when they call. MED-VAN will transport to and from the Altoona area.

**MED-VAN Transport**

1311 Philadelphia Ave  
Northern Cambria, PA  
814-948-6170

**MedExpress Urgent Care Center**

300 East Plank Road  
Altoona, PA 16602  
(814) 946-3801

Staffed by physicians and nurses  
Hours: 9am-9pm, 7 days a week  
Walk-ins are accepted  
Accepts most insurances  
Does not accept Access or Gateway  
A co-pay for most insurances is the specialist copay

Directions: East on Admiral Peary HWY for 1.9 miles, Turn left to merge onto US-22E for 8.2 miles. Take exit toward I-99N, keep left at the fork and merge onto I-99N. Take exit 31 for Plank Road. Turn left at W Plank Road. Go 1.3 miles and the destination is on the left.

**Med WELL**

Urgent Care Center  
236 Jamesway Road  
Ebensburg, PA 15931  
(814)472-7336

Staffed by physicians and physician assistants  
Hours: Mon-Fri 9:00AM-7:00PM Sat-Sun 9:00AM-5:00PM  
Walk-ins are accepted  
Accepts most insurance  
Accepts Access (Medicaid) and patients without insurance; payment, including insurance co-pay, is due prior to services rendered. Accepts Visa, MasterCard, American Express, Discover, Debit Cards, Check and Cash.  
Price of Physical exam \$50.00 (can be more if a PPD or additional vaccines are needed)

Directions: West on Admiral Peary HWY toward McConnell Rd.; left onto Munster Rd/PA-164; merge onto US-22 W/Wm. Penn Hwy. toward Ebensburg; right onto Walmart Dr.; right onto Jamesway Rd.; 236 Jamesway Rd. is on the left.

***Note:** Students can take Cambria County Transit Authority (CAM-TRAN) to the MedWELL Ebensburg office only. CAM-TRAN operates Monday-Friday. First pick up at Mount Aloysius College is 8:30 AM. Last Drop off for the day is 4:03 PM. Students must have exact change. The cost is \$.90 each way. Total \$1.80 for a round trip. This is a discounted rate for students; they must present their Student ID to receive the discount. Students must call CAM-TRAN when they are done with their office visit so that the driver knows to pick them up. 1-800-252-3889.*

### **Med WELL**

Urgent Care Center  
East Hill Professional Bldg.  
Johnstown, PA 15905  
(814)-269-5200

Staffed by physicians and physician assistants

Hours: 8:00AM-7:00 PM, 7 days a week

Accepts most insurance

Accepts Access (Medicaid) and patients without insurance; payment, including insurance co-pay, is due prior to services rendered. Accepts Visa, MasterCard, American Express, Discover, Debit Cards, Check and Cash.

Price of Physical exam: \$50.00 (can be more if a PPD or additional vaccines are needed)

### **Mainline Medical Associates**

792 Gallitzin Road  
Cresson PA, 16630  
(814) 886-8161

By appointment only

Accepts most insurance

Does **not** accept ACCESS (Medicaid)

(Students must ask if they accept their insurance before making an appointment)

*Directions: At Mount Aloysius College entrance turn right towards Cresson. At the red light turn left onto Route 53 North. Drive 1.7 miles. Mainline Medical is on the left. (Sits up on the hill before the Gallitzin Exit) Total Travel Estimate 6 minutes / 2.27 miles.*

### **Altoona Community Health**

Dr. Zane Gates  
1701 12th Ave  
Altoona, PA 16602  
(814) 942-9600

By appointment only

Accepts ACCESS (Medicaid)

If a student does not have insurance, fee for service will be charged based on a sliding scale according to income. Students must show proof of income by bringing the last two weeks pay stubs, tax forms 1040, and W2 forms.

### **Mark E. Tilvou**

222 Chestnut Avenue  
Altoona, PA 16601  
(814) 946-8046

***Walk in clinic (student should still call before going to clinic)***

Hours: Mon, Tues, & Friday 9:00-3:30, Thurs 10:00-5:30, Closed Wed

Accepts most insurance

Does **not** accept ACCESS (Medicaid)

### **Urgent Care Center**

Joseph Marra AD, BSN, MSN, CRNP (Nurse Practitioner Practice)

310 Maple Ave

Altoona, PA 16601

814-943-6111

Hours: Mon. thru Friday, 9:00-4:30

***Walk in clinic (They would prefer that students call first. Patients with appointments will be seen before walk in patients)***

Accepts Blue Cross/Blue Shield, United Healthcare, TriCare, AARP, Beech Street & Devin Plumber & Pipefitters.

Accepts ACCESS (Medicaid)-students must call the ACCESS number on the back of the card or Primary Care Physician for approval.

Does not accept Gateway.

Students who do not have insurance can pay fee for service.

Physicals are \$60.00 (does not include the cost of injections, vaccinations, etc.)

### **Free Health Clinics**

Students can be seen in a free health clinic if they meet the guidelines. If a student plans on going to a free health clinic, they must have no other insurance and bring the following:

***Proof of income: Tax forms 1040, W2 forms, a current pay stub, and a denial letter from Medical Assistance.***

### **Partnering for Health Services**

#### ***Free Health Clinic***

501 Howard Ave, Suite B204

Altoona, PA

(814) 947-6111

### **Johnstown Free Medical Clinic**

#### ***Free Health Clinic***

320 Main Street

3<sup>rd</sup> Floor Walnut Wing

Johnstown, PA 15901

(814) 534-6242

### **Dubois Free Medical Clinic**

47 West Long Ave

Dubois, PA 15801

(814) 372-2200

## **Women's Health**

### **Altoona Hospital Women's Health & Wellness**

501 Howard Avenue

Suite F-2

Altoona, PA 16601

(814) 889-2012

***Can provide STD testing (sexually transmitted disease) for both women and men***

*Directions: At the Mount Aloysius College Entrance turn right on Admiral Peary Highway toward Cresson. Go through the red light. At the top of the hill merge onto US-22E via the ramp on the left toward Altoona, go 9.0 miles, Merge onto I-99N/US220N via the exit on the left toward Altoona, go 5.3 miles, take the 17<sup>th</sup> Street exit, EXIT 3, go 0.6 miles, turn slight right onto 17<sup>th</sup> St., go 1.4 miles, turn right onto 6<sup>th</sup> Ave/PA764 N, go 0.8miles, turn left onto 7<sup>th</sup> St., go 0.4mi, turn right onto Howard Ave, go 0.0 miles, 501 Howard Ave STE F-2 is on the Right go 0.0 miles.*

*Total Travel Estimate 19.49 miles / approximately 28 minutes.*

### **Altoona Hospital Pregnancy Care Center**

***Healthy Beginnings Plus***

Blair Medical Center

501 Howard Ave

Building B-205

(814) 889-2577

Accepts patients with ACCESS and no insurance

### **Mental Health**

Students can be seen in the counseling center on campus. Our counseling center is located in the Health Services office, Main Building, St. Joseph Hall, room 100. Marisa Evans, MA, LPC, NCC counselor will counsel students by appointment. Please call 814-886-6515.

### **Blair County Crisis Intervention (Mental Health-Emotional Health)**

(Located in the Altoona Hospital)

20 Howard Avenue

Altoona, PA 16602

(814) 946-2141 (Press 1 for crisis, including suicide prevention)

Phone lines are open 24 hours a day.

Students can also make an appointment if they would like to be seen in person.

### **Cambria County Crisis Intervention Services**

110 Franklin Street

Central Park Complex

Johnstown, PA 15901

(814) 535-8531

If students are in any type of mental health crisis, including suicide prevention, they can call the above number and state "I need crisis". If students would like to make an appointment, they should ask for the referral desk.

### **Women's Help Center (Homeless Women & Domestic Violence)**

809 Napoleon Street

Johnstown, PA 15901-2817

(800) 999-7406 or (814) 536-5361

**Nulton Diagnostic & Treatment Center** offers extensive outpatient counseling and behavioral health services at the following locations:

#### **Johnstown (Richland)**

214 College Park Place

Johnstown, PA 15904

(888) 918-5465 or (814) 262-0025

M-F, 8:00 a.m. – 4:00 p.m., and by appointment

#### **Altoona**

1701 12<sup>th</sup> Avenue, Suite B-4

Altoona, PA 16602

(888) 918-5465 or (814) 944-4722

M-F, 8:00 a.m. – 4:00 p.m., and by appointment

#### **Ebensburg**

313 West High Street

Ebensburg, PA 15931

(888) 918-545 or (814) 266-4777

By appointment.

**Alternative Community Resource Program (ACRP)**

ACRP have Psychiatric Outpatient Clinics at the following locations:

**Johnstown Clinic**

131 Market Street

Johnstown, PA 15901

(814) 534-0745

Monday & Friday, 8:00 a.m. – 4:30 p.m.

Tuesday, Wednesday & Thursday, 8:00 a.m. – 7:00 p.m.

Saturdays, Optional

**Ebensburg Office**

118 W. High Street

Ebensburg, PA 15931

(814) 472-9330

**Blair County**

1815 Valley View Blvd.

Altoona, PA 16602

(814) 942-9425

**Health Insurance**  
**Resident Students and Athletes are required to have Health Insurance!**

All students living on campus and athletes are required to have health insurance. Mount Aloysius College does not offer health insurance. Students are responsible to find their own insurance. If a student does not have health insurance, here are some suggestions to look for insurance.

All major insurance companies carry insurance. You can check with the following:

Highmark  
Blue Cross/Blue Shield  
Health America/Health Assurance  
Aetna

*Suggestions:*

One way to find insurance on line is go to the Health America/Health Assurance, click on get instant quotes, put in your zip code, click get quotes, fill out your personal information and check college student. A list of several different insurance companies with different quotes will be listed.

<https://healthamericaone.inshealth.com/ehi/Alliance?allid=Hea27038>

Sentry Life Insurance Company has college student health insurance plans. See [www.ejsmith.com](http://www.ejsmith.com)

**Health Services**  
**Immunizations and Fees**

We do not bill any insurance companies. Payment must be paid in the Controller's Office before receiving the vaccine. Students are to stop in Health Services and pick up a charge form to take to the controller's office and bring the receipt back.

Hepatitis B	\$75.00 per dose
Tetanus & Diphtheria	\$40.00
MMR (Measles, Mumps, Rubella)	\$75.00
Varicella	\$115.00 per dose
TB Test (PPD Mantoux)	\$7.00 per test
Meningitis	\$110.00
Influenza (seasonal)	To be determined

**Prices are subjected to change**

## **Directions to Area Hospitals**

### **Directions to Conemaugh Memorial Hospital from Map Quest**

Conemaugh Memorial Hospital  
1086 Franklin St, Johnstown, PA 15905  
(814) 534-9844  
Total Travel Estimate: 36 minutes / 30.27 miles

1. Start out going WEST on ADMIRAL PEARY HWY toward MCCONNELL RD. 2.9 mi
2. Turn LEFT onto MUNSTER RD/PA-164. 0.2 mi
3. Merge onto US-22 W/WILLIAM PENN HWY toward EBENSBURG. 6.4 mi
4. Merge onto US-219 S toward JOHNSTOWN. 14.5 mi
5. Merge onto PA-56 W/JOHNSTOWN EXPY. 4.5 mi
6. Take the BEDFORD ST exit toward PA-271/PA-403. 0.3 mi
7. Turn SLIGHT RIGHT onto BEDFORD ST. 0.1 mi
8. Turn LEFT onto PA-271/HAYNES ST. 0.2 mi
9. Turn LEFT onto NAPOLEON ST/PA-403. 0.5 mi
10. Turn SLIGHT RIGHT onto PA-403/FRANKLIN ST. Continue to follow FRANKLIN ST. 0.7
11. 1086 FRANKLIN ST is on the RIGHT.

## **Directions to Altoona Regional Health System Altoona PA from Map Quest**

Altoona Regional Health System  
620 Howard Ave, Altoona, PA 16601  
(814) 889-2141

Total Travel Estimate: 19.45 miles about 27 minutes

1. Start out going EAST on ADMIRAL PEARY HWY toward COLLEGE DR. 1.9 mi
2. Merge onto US-22 E/WILLIAM PENN HWY via the ramp on the LEFT toward ALTOONA. 9.0 mi
3. Merge onto I-99 N/US-220 N via the exit on the LEFT toward ALTOONA. 5.3 mi
4. Take the 17TH STREET exit, EXIT 33. 0.6 mi
5. Turn SLIGHT RIGHT onto 17TH ST. 1.4 mi
6. Turn RIGHT onto 6TH AVE/PA-764 N. 0.8 mi
7. Turn LEFT onto 7TH ST. 0.4 mi
8. Turn RIGHT onto HOWARD AVE. 0.0 mi
9. 620 HOWARD AVE is on the LEFT.

**Cam Tran**  
**Cambria County Transit Authority**  
**1-800-252-3889**  
**TDD for the Hearing Impaired, 1-800-601-8486**

**Schedule for MedWELL in Ebensburg**

<b>Pickup at MAC</b>	<b>Arrive at MedWell</b>	<b>Pickup at MedWell</b>	<b>Arrive at MAC</b>
8:30 a.m.	9:08 a.m.	10:58 a.m.	12:23 p.m.
10:33 a.m.	10:58 a.m.	12:48 p.m.	2:13 p.m.
12:23 p.m.	12:48 p.m.	2:38 p.m.	4:03 p.m.

**Schedule for Portage Health Center**

<b>Pickup at MAC</b>	<b>Arrive at Portage Health Center</b>	<b>Pickup at Portage Health Center</b>	<b>Arrive at MAC</b>
8:30 a.m.	9:57 a.m.	11:47 a.m.	12:23 p.m.
10:33 a.m.	11:47 a.m.	1:37 p.m.	2:13 p.m.
12:23 p.m.	1:37 p.m.	3:27 p.m.	4:03 p.m.

- CAM-TRAN operates Monday-Friday
- Students can be picked up at Mount Aloysius College by Cam Tran in the Parking Lot between Ihmsen and Misciagna.
- Students must have the exact change to ride Cam Tran
- Cost: \$.90 one way and \$1.80 round trip. This is a discounted rate for students. **Students must present their Student ID to receive the discount.**
- If students are going to a doctor's appointment at Medwell or Portage Health they must call the driver when their appointment is over for pick up.

IMPORTANT: Please make appointments in the morning or early afternoon so that you do not miss a ride back to the college. MedWELL is a walk in center so you may have to wait. Allow yourself time to return to the college when scheduling your appointments.