Schedule an appointment.

Not sure what to major in or if the major you currently have is right for you? Success starts with taking action. Set up an appointment with a career counselor by contacting Kristy Magee at 814-886-6320 or email kmagee@mtaloy.edu.

Understand your background and interests.

In your first session with a career counselor you will discuss your background, interests, likes versus dislikes, and activities you would like to explore.

Complete creative assessments and games.

The Career Development offices has several resources, online exploration assessments, games and hands-on creative assessments available to help you narrow down options for a possible major. Your career counselor will decide which ones are best for your situation.

Clearly set goals.

You will work with your career counselor to identify a list of goals based on what you want versus what you don’t want. By the end of this section, you will clearly outline your goals and come up with a final list of majors to explore.

Explore the possibilities.

Using worksheets and exercises, you will work with your career counselor to explore the top 2-4 possibilities for a major and career option.

Study and research career options.

Research, research, research! Using a number of online and campus resources, you will explore the narrowed list of majors. You will report their research back to the career counselor and discuss the finalized list of options that align with your values, interests, skills and goals.

Set up a long-term plan and declare a major.

You are now ready to create a long-term educational and career plan. You will discuss outside activities, community service and internships that will help you feel confident in your new career direction. You will then have to declare your new major with the Registrar office.

Session note: It is recommended to allow approximately 2-3 sessions with a career counselor to accurately go over options for the career discovery process. A session typically lasts 30 minutes.