### Volunteer Interest Inventory

Use this activity to find out what areas of service would be a great match for you! Once you complete it, drop it off at the Community Engagement & Social Entrepreneurship Center at #33 St. Gert’s (make sure your name an email is on it), or email Jenn Kush at jkush@mtaloy.edu with your score, and you will receive a list of 3 – 5 community organizations that best align with your interests.

#### Part 1.
**Circle activities you would enjoy doing.**

<table>
<thead>
<tr>
<th></th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
<th>9</th>
<th>10</th>
<th>11</th>
<th>12</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Play with a cat</td>
<td>Pack food baskets</td>
<td>Teach first aid</td>
<td>Teach obedience</td>
<td>Teach swimming</td>
<td>Help a child in math</td>
<td>Help sort clothes</td>
<td>Answer phones</td>
<td>Escort foreign students at school</td>
<td>Teach kids to canoe</td>
<td>Help at a water treatment plant</td>
<td>Help organize cultural orientations</td>
</tr>
<tr>
<td>2</td>
<td>Feed birds</td>
<td>Organize clothes</td>
<td>Help teach bike safety</td>
<td>Organize activities for residents</td>
<td>Paint walls</td>
<td>Help transport elderly</td>
<td>Coach softball</td>
<td>Count ducks for wildlife agency</td>
<td>Help at a VA hospital</td>
<td>Help with registering for college</td>
<td>Organize a food drive</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Give a dog a bath</td>
<td>Sort toys</td>
<td>Teach AIDS awareness</td>
<td>Help a child in math</td>
<td>Help sort clothes</td>
<td>Answer phones</td>
<td>Escort foreign students at school</td>
<td>Teach kids to canoe</td>
<td>Help at a water treatment plant</td>
<td>Help prepare for job interviews</td>
<td>Be a mentor to a veteran</td>
<td>Deliver meals to the hungry</td>
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<tr>
<td>4</td>
<td>Feed baby squirrels</td>
<td>Wrap presents</td>
<td>Teach babysitter first aid</td>
<td>Supervise homework</td>
<td>Organize activities for residents</td>
<td>Paint walls</td>
<td>Help transport elderly</td>
<td>Coach softball</td>
<td>Count ducks for wildlife agency</td>
<td>Help organize cultural orientations</td>
<td>Help with registering for college</td>
<td>Organize a food drive</td>
</tr>
<tr>
<td>5</td>
<td>Teach dogs obedience</td>
<td>Organize donated books</td>
<td>Teach swimming</td>
<td>Host workshops and fundraisers</td>
<td>Organize volunteers</td>
<td>Shop with a person in a wheelchair</td>
<td>Supervise a field trip</td>
<td>Collect a pond sample</td>
<td>Help write grants</td>
<td>Greet troops</td>
<td>Organize activities for kids</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>Walk a dog</td>
<td>Set up beds for homeless</td>
<td>Give an anti-smoking talk</td>
<td>Teach an adult to read</td>
<td>Create safety signs</td>
<td>Stuff envelopes</td>
<td>Write someone a letter</td>
<td>Make puppets</td>
<td>Work in a recycling plant</td>
<td>Mentor refugee families or individuals</td>
<td>Serve meals to veterans</td>
<td>Distribute clothing</td>
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<tr>
<td>7</td>
<td>Give a rabbit a shot</td>
<td>Make hygiene kits</td>
<td>Teach fire safety</td>
<td>Teach keyboarding</td>
<td>Prepare meals for residents</td>
<td>Make phone calls</td>
<td>Make snacks with mentally ill</td>
<td>Camp with kids in wheelchairs</td>
<td>Guide a nature walk</td>
<td>Help with publications of newsletters</td>
<td>Contact veterans</td>
<td>Serve meals at a shelter</td>
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<tr>
<td>8</td>
<td>Raise a guide dog</td>
<td>Serve meals</td>
<td>Be a lifeguard</td>
<td>Help a child write poetry</td>
<td>Help with Daycare</td>
<td>Take inventory of supplies</td>
<td>Make photo album with elderly</td>
<td>Play cards with kids in hospital</td>
<td>Check trees for diseases</td>
<td>Contact potential employers</td>
<td>Help write grants</td>
<td>Prepare bedding for shelters</td>
</tr>
</tbody>
</table>

**Turn Over for Scoring.**
Part 1.
Scoring

Write down the number of circles you marked in each column.

___ Column 1 (animals)
___ Column 2 (families and homelessness)
___ Column 3 (health)
___ Column 4 (mentoring and education)
___ Column 5 (women's/gender issues)
___ Column 6 (philanthropy/ general service)
___ Column 7 (age/special needs)
___ Column 8 (child and youth support)
___ Column 9 (environment/ global issues/ sustainability)
___ Column 10 (refugees/ international)
___ Column 11 (social service/ veterans)
___ Column 12 (hunger/ poverty)

Write down your top three areas.

1.
2.
3.

If you have a special interest or talent you would like to use to help, list it here.

Drop this form off to #33 St. Gert’s or email communityengagement@mtaloy.edu with your score. Someone will be in touch with the volunteer opportunities that best match your profile.